



# Improve the Energy Efficiency in Your Home

877-382-8987

www.DUCTZ.com

## 1. Seal Air Leaks Around Your Home

- Inspect all windows, doors, attic hatches, and other areas that are prone to leaks.
- Seal leaks with weather stripping, caulk, or expanding foam.

## 2. Change Your Air Filters

- Follow factory instructions for your HVAC unit to confirm how often you should change your filters and what type of filter should be used.

## 3. Schedule a Professional Duct Cleaning

- If it's been more than a year since you've had this done, contact us today!

## 4. Upgrade to a Programmable or Smart Thermostat

- Program your thermostat according to your schedule (ie: in the winter, lower the temperature while you are away or asleep).

## 5. Maintain Your HVAC System

- Contact your local HVAC professional to have both your A/C and furnace tuned-up once per year. *Pro tip: Ask if these two services can be done at the same time!*

## 6. Insulate Your Home Properly

- Check your attic, walls, and crawl spaces for adequate insulation and fill in any gaps. *Pro tip: Pay extra attention to your attic as significant heat loss can occur through the roof!*

## 7. Upgrade to Energy Efficient Appliances

- Focus on major energy users like refrigerators, washers, dryers, and dishwashers.
- Look for models with the Energy Star label.

## 8. Use Energy Efficient Lighting

- Replace incandescent and fluorescent bulbs with LED bulbs.

## 9. Clean Your Dryer Vent

- Your dryer vent should be professionally cleaned once per year. Contact us today! *Pro tip: Schedule at the same time as your duct cleaning!*
- Also be sure you are cleaning the lint trap of your dryer after every use.

## 10. Reduce “Phantom Energy Usage”

- Unplug devices like phone chargers, TVs, gaming consoles, and computers when not in use. *Pro tip: Use a power strip to make this easier!*